

## Monthly Cleaning Checklist

January	February	March
<ul> <li>Clean out binder/files from previous year &amp; set aside paperwork needed for taxes</li> <li>Clean out medicine cabinets (throw away expired meds)</li> <li>Purge &amp; clean under bathroom sinks</li> <li>Clean shower heads (soak overnight in bag of vinegar)</li> <li>Scrub &amp; reseal tile grout</li> </ul>	<ul> <li>Dust &amp; clean light fixtures, lamp shades &amp; ceiling fans</li> <li>Vacuum &amp; clean behind kitchen &amp; laundry appliances</li> <li>Vacuum behind beds &amp; under large furniture</li> <li>Purge &amp; organize kitchen cabinets &amp; drawers</li> <li>Vacuum &amp; clean air ducts &amp; vents</li> </ul>	<ul> <li>Purge &amp; organize kid's closets. Sell and/or donate outgrown clothing, shoes &amp; accessories</li> <li>Wipe front &amp; tops of all kitchen cabinets</li> <li>Disinfect inside kitchen cabinets, shelves &amp; drawers</li> <li>Clean oven</li> </ul>
April	May	June
<ul> <li>Sweep out fireplace</li> <li>Purge and organize pantry &amp; throw away expired food</li> <li>Vacuum, flip, &amp; rotate mattresses</li> <li>Wash pillows &amp; bedding</li> <li>Disinfect kitchen backsplash &amp; hood vent</li> </ul>	<ul> <li>Deep clean the microwave</li> <li>Clean refrigerator &amp; freezer (replace baking soda)</li> <li>Wipe baseboards, chair rails, &amp; moldings throughout the house</li> <li>Purge, clean, &amp; organize the garage</li> </ul>	<ul> <li>Wash windows &amp; screens (inside and outside)</li> <li>Wipe window blinds</li> <li>Dust and clean all appliances &amp; electronics</li> <li>Wash shower curtains, liners, &amp; bath mats</li> <li>Purge storage closets and donate items not needed</li> </ul>



Monthly Cleaning Checklist		
July	August	September
<ul> <li>Vacuum &amp; clean air vents &amp; ducts</li> <li>Vacuum all living room, family room, &amp; basement furniture</li> <li>Apply leather cleaner to all leather furniture</li> <li>Wash area rugs &amp; shampoo carpets</li> <li>Purge &amp; organize coat &amp; linen closets</li> </ul>	<ul> <li>Disinfect all trash &amp; recycling bins (inside &amp; outside)</li> <li>Wash all throw pillows, blankets, curtains, &amp; slip-covers</li> <li>Disinfect inside of the washer &amp; inside the rubber rim</li> <li>Run washer clean cycle once with bleach &amp; once with vinegar</li> <li>organize office supplies to prep for school supply shopping</li> </ul>	<ul> <li>Clean out dryer vents</li> <li>Wipe front &amp; tops of all kitchen cabinets</li> <li>Purge &amp; organize master closet. Sell and/or donate clothing, shoes &amp; accessories</li> <li>Disinfect kitchen sink &amp; clean under the sink</li> </ul>
October	November	December
<ul> <li>Wipe all light switch plates</li> <li>Clean both sides of outside doors &amp; thresholds</li> <li>Vacuum, flip, &amp; rotate mattresses</li> <li>Wash pillows &amp; bedding</li> <li>Scrub showers &amp; bathtubs</li> </ul>	<ul> <li>Clean refrigerator &amp; throw out expired food</li> <li>Wipe both sides of interior doors &amp; trims</li> <li>Wipe walls as needed to remove scuffs</li> <li>Wipe baseboards, chair rails, &amp; moldings throughout house</li> <li>Dust ceiling corners &amp; walls for cobwebs</li> </ul>	<ul> <li>Dust mirrors, frames, &amp; decorative items</li> <li>Deep clean dishwasher &amp; disinfect &amp; clean the seal &amp; food trap</li> <li>Purge &amp; clean playroom, bedroom toys, &amp; books</li> <li>Purge holiday decorations that are no longer needed</li> </ul>



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